

LiveHealth Online

Easy and fast access to doctors from the comfort of your own computer or mobile device

Have a health question? Feel under the weather? With LiveHealth Online, you don't have to deal with scheduling an appointment or long wait times at an urgent care center. In fact, you don't even have to leave your home or office. Using LiveHealth Online, you can see a doctor who can answer questions, provide a treatment plan and even prescribe basic medicines, when needed.*

*Prescription availability is defined by physician judgment and state regulations.

With LiveHealth Online, you get:

- Immediate doctor visits through live video.
- Your choice of board-certified doctors.
- Private, secure and convenient online visits.



IATSE NBF members in an Empire plan will pay \$10 per visit, except C4 plan members, who are subject to C4 cost sharing. Use coupon code **IANBF** to get \$10 off a visit. This coupon code will be valid until April 1, 2017. Your noncovered spouse and dependents can also use LiveHealth Online for a cost of \$49 per visit.

When to use LiveHealth Online

As always, you should call 911 for any emergency. Otherwise, you can use LiveHealth Online whenever you have a health concern and your own doctor isn't available. Doctors at LiveHealth Online are available 24 hours a day, seven days a week, 365 days a year. Some of the most common uses include:

- Cold and flu symptoms such as a cough, fever and headaches
- Allergies
- Sinus infections and more

Start a conversation now

Just sign up for free at livehealthonline.com or on the app, and you're ready to see a doctor.

Official contest rules:

- Prizes cannot be redeemed for cash or resold for any consideration.
- This giveaway/drawing is available to anyone who enrolls at livehealthonline.com between October 1, 2016, and December 1, 2016.
- This contest is sponsored by LiveHealth Online, 120 Monument Circle, Indianapolis, Indiana 46204. No purchase is necessary to participate.
- This giveaway/drawing runs from October 1, 2016, to December 1, 2016, with prize drawings conducted by December 31, 2016.
- There will be 60 \$25 gift cards awarded. Anyone who enrolls between October 1, 2016, and December 1, 2016, at livehealthonline.com is eligible to win.
- By enrolling at livehealthonline.com between October 1, 2016, and December 1, 2016, you agree to be bound by these "OFFICIAL RULES."
- Winners will be randomly selected from individuals who enrolled at livehealthonline.com between October 1, 2016, and December 1, 2016. The odds of being randomly selected are determined by the number of eligible entries representing the number of individuals who enroll during those dates. If a prospective prizewinner is found ineligible or fails to comply with these official rules, his or her claim to a prize is forfeited and an alternate entry will be randomly selected.
- LiveHealth Online will notify winners via email within 10 business days following the drawing. If the winner chooses not to accept the prize, the prize will be forfeited and an alternate winner may be selected at LiveHealth Online's discretion.
- LiveHealth Online is not responsible and will not be liable for an unsuccessful attempt to notify the winner.
- The determination of eligibility and winners and all other interpretations of these rules will be within LiveHealth Online's sole discretion. LiveHealth Online reserves the right to change the giveaway/drawing rules or duration, or terminate the giveaway at any time. LiveHealth Online also reserves the right, at its sole discretion, to disqualify anyone found to be (a) tampering or attempting to tamper with the enrollment process or (b) violating these official rules.
- LiveHealth Online is not responsible for any problems experienced with telephones, telephone lines, email transmissions, internet connectivity, internet access, web servers or any unforeseen circumstances that do not allow connectivity to the livehealthonline.com website or any section within the website.
- Prizes will not be replaced if lost or stolen and are not transferrable. All taxes are the responsibility of the winner.
- Any personally identifiable information collected through the registration process will be subject to LiveHealth Online's privacy policy, located at livehealthonline.com.

LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Empire BlueCross BlueShield. Services provided by Empire HealthChoice HMO, Inc. and/or Empire HealthChoice Assurance, Inc., licensees of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans.

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Sign up and register by December 31, 2016, for a chance to win one of 60 \$25 gift cards.

It's quick and easy to sign up. Just go to livehealthonline.com or download the mobile app.

There's LiveHealth Online Psychology, too

See a therapist or psychologist from home within four days or less*

Make an appointment using our free app or go to livehealthonline.com and log in. Select LiveHealth Online Psychology and choose a therapist. Or call 1-844-784-8409 from 7 a.m. to 11 p.m.

Depending on your benefits, your cost may be similar to what you would pay for an office visit, copay or coinsurance.

*Appointments subject to availability of a therapist.